



# 5 INSPIRING WAYS TO HELP A STRANGER

We've come across many inspirational stories while compiling the 2015 CAF World Giving Index report – here are a few we'd like to share with you:

## Start a 'Wall of Kindness'

Origin: Iran

'Walls of kindness' began with hooks hung in the street accompanied by the words 'If you don't need it, leave it. If you need it, take it' in response to people worried about the homeless in cold weather. Since then donations of warm clothing have soared.



## Buy a 'pending coffee' or 'caffè sospeso'

Origin: Italy

This trend began in Naples where someone would buy an extra cup of coffee in advance as an anonymous act of charity. The idea has caught on worldwide.

## Help a blind person

Origin: US

BeMyEyes is a free app for blind people in need of remote help from a community of sighted users around the world.



## Carry out a Random Act of Kindness

Origin: South Africa

A South African man hijacked the Nekominate craze; instead of downing a drink, he chose to do a random act of kindness for a stranger, which started the RAKnominate trend. A year later he started #RAK15, aiming to encourage acts of kindness all over the world. 'Change one thing. Change everything.'

## Support a foodbank or refugee kitchen

Origin: Worldwide

In the Sudan, the Syrian diaspora provides sanctuary and food to the recent influx of refugee women in Khartoum, and in Egypt a group of businessmen set up a foodbank with hotel and fast food industry donations that feeds thousands of people.



Find out which countries top the CAF World Giving Index 2015 for helping strangers:

[www.cafonline.org/worldgivingindex](http://www.cafonline.org/worldgivingindex)

**CAF** Charities Aid Foundation